

2024

Memories from the Heart



Memory Book



2023-2024

The Sacred Heart School of Montreal



Courage and Confidence



The Castle on the Hill



**3635 Atwater Avenue
Montreal, Quebec
H3H 1Y4**

A Message from the Head of School

Patricia Briand

Dear Sacred Heart Students,

Yearbooks are invaluable treasures that capture the essence of a school year's journey. They serve as time capsules, preserving cherished memories, friendships, and milestones. They weave together stories that resonate for years to come. This yearbook captures the essence of the 2023-24 school year and all of the amazing events we shared. It has been an honor to witness your growth and achievements this year, and I thank you all for welcoming me with open arms and open hearts to our beautiful Sacred Heart!

To the Class of 2024, a heartfelt congratulations! Your years at The Sacred Heart School of Montreal have been filled with opportunities to learn, to lead, and to serve. You have demonstrated remarkable dedication and a commitment to excellence that have set you apart. The bonds you have formed and the experiences you have shared will stay with you forever, guiding you as you continue your journey. We look forward to welcoming you back often!



Whether you are graduating or moving up to the next grade, remember the values that Sacred Heart has instilled in you: a love of learning, a heart for others, and a spirit of integrity. These principles will serve you well in all your future endeavors. Let your compassion inspire others and let your integrity guide your decisions.

Never forget that you are part of the Sacred Heart family. The friendships and connections you have made here are lifelong, and our support for you will always remain steadfast. As you embark on new adventures and face new challenges, know that you carry with you the spirit of Sacred Heart, a spirit that will empower you to make a positive difference in the world.

The future holds endless possibilities, and we are incredibly proud of each and every one of you. Keep striving, keep believing, and keep making us proud. In the words of our foundress, Madeleine Sophie Barat, "Courage and Confidence!"

A Message from the Director of Academics

Anika Maloni

In a blink of an eye, we say goodbye to another academic year.

Graduates of 2024, your departure will leave a void in our halls, but the memories you have created will live on forever. Thank you for letting me accompany you for part of this journey. It has been an honor and pleasure to support you these last 5 years. You have made an unforgettable impact on our school, inspired the students who looked up to you, and touched those who had the privilege to teach you. The magnitude of this milestone brings great possibilities and you are ready to face this new chapter.



In your journey, stay true to the Sacred Heart goals. Be authentic, have integrity, be generous, and keep the drive to make a positive impact in the world. Even in the most challenging times, never forget you have a choice, a voice, and the power to change things. Be brave, take risks, and put love in all you do.

Success has many definitions. It won't likely be measured by your job, education, money, or the material things you own but rather by what you sacrifice, who you are, how you treat others, and how you lead your life. Show gratitude to those who have helped you along in this journey and to those who continue to support your dreams. Surround yourself with people that remind you how amazing you are and how much you have to offer this world. Have faith and confidence in yourselves. Laugh often, relish all the blessings, and see magnificence in the everyday people and details of your life. Attitude and perspective are everything.

AND Remember when you want to reminisce, walk down memory lane, see familiar faces who will light up at your visit and who will listen excitedly to your stories....there is no place like home. These walls will always welcome you back with open arms.

When the City House calls, emails, or reaches out to connect... we hope you will answer.



Maria Cusma

The Director of Student Services

FACULTY



Julian Beauvais



Iveth Bosmediano



Maude Boyer



Stephanie Broadhurst



Maureen Brown



Kelly Brues



Colette Chaoul



Gabriella D'Onofrio



Loriann Daigle



Nadia Floriani



Angelo Gallo



Valentina Graziani



Pooyan Haghighat



Joan Harrison



Sarah Jones



Jaya Knauft



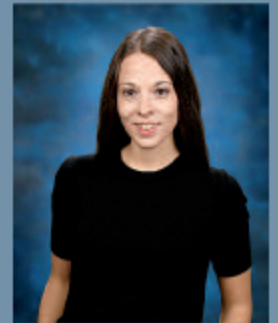
Lauren Kohos



Stephanie Kowalczyk



Kennedy Lane



Alexandra Lantosh



Krystal Lapierre



Lili Le Fevre



Andrew Lee



Kristina Lisak



Megan Littman



Laura MacNeil



Anthony Malnati



Robert McMullan



James McRae



Toulia Michalakos



Giselle Murphy



Jennyfer Nadeau



Rommy Nashi



Jennifer Newton



Sonny Nicolas



Helene Pagette



Polly Palumbi



Myriam Phaneuf



Ashlea Potter-Powell



Lauren Quintal



David Reda



Linnea Sanders



Gedi Snapkauskas



Emmanuel Soret



Christie Spiropoulos



Ashley Thorup



Pamela Tien



Aran Waldbrook



Brigitte Weil



Dora Zanni



A N D S T A F F

LET'S PLAY... WHO'S MOST



Ms. Brown is mlt... wear Birkenstocks forever.

Ms. Kohos is mlt... be summoned by Da Vinci.

Ms. Waldbrook is mlt... be a band mama.



Ms. Briand is mlt... be the best pet mom.

Ms. Cusma is mlt... be her own Roblox skin.

Ms. Le Fèvre is mlt... greet everyone by saying "HI FRIENDS".

Ms. Maloni is mlt... always encourage us.



Mr. Anthony is mlt... play Hagrid from Harry Potter.

Ms. Daigle is mlt... have the best snack drawer.

Ms. D'Onofrio is mlt... be the most calm bride.

Ms. Floriani is mlt... start a convo with you when you're late to class.



Mr. Gedi is mlt... be a superhero.

Ms. Harrison is mlt... know exactly what you're looking for.

Mr. Nicholas is mlt... make sure our Chromebooks don't explode.

Mme. Pagette is mlt... not give an infraction when you're late.



Ms. Spiropolous is mlt... be in the Greek islands for summer.

Ms. Toula is mlt... help you last minute during a test.

Ms. Zanni is mlt... keep you in the dining hall until you're dismissed.



Ms. Brues is mlt... have the best fits.

Mr. McMullen is mlt... listen to all of your boy drama.

LIKELY TO

Mr Beauvais is mlt... have trouble sleeping at night because he's too busy saving the city.

Ms Jones is mlt... Actually LOL when she texts.

Ms. Thorup is mlt... win a long distance race up a ski hill.

Mr. Lee is mlt... tell you a cool story about a time he was a cop.

Mr. McRae is mlt... win a tournament against students.

Ms. Quintal is mlt... make something with Ms. Jones' face on it.

Ms. Tien is mlt... spoil you with chocolates.

Mr. Gallo is mlt... randomly spawn at your family function.

Ms. Lane is mlt... slay all day.

Ms. Lantosh is mlt... make the best slide shows.

Mme. Lisak is mlt... Become a model.

Mme. Nadeau is mlt... marry Theo James.

Mr. Nashi is mlt... win America's Got Talent.

Mr. Soret is mlt... yeet a kid out of the way going down the staircase.

Ms Lapierre is mlt... smile while doing a dissection.

Ms MacNeil is mlt... set us up with Selwyn boys.

Mr Pooyan is mlt... go viral on TikTok.

Mr Reda is mlt... start his own country and call it Reda nation.

Ms. Littman is mlt... get littty (have a fun time).

Ms. Newton is mlt... give up her free time to promote healthy living..





Annabelle Bowen



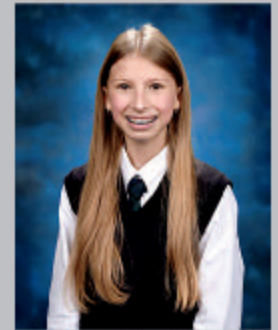
Tatiana Cordeiro Guzman



Chloe Da Costa Frias



Isabella Deveau



Gabriella Nina Farruggia



Brianna Gentile



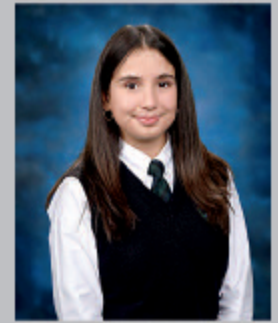
Marissa Hage



Ziyan Li



Amelia Morena



Simona Pedone



Nyah Saini



Sofia-Marie Sciortino



Stella Sullivan



Valeria Villalobos Estrada



L'ÉCOLE SACRÉ-COEUR DE MONTREAL
THE SACRED HEART SCHOOL OF MONTREAL
EST. 1861



Bianca Bobbera



Christina Botsis



Danica Derix



Antonia Farinaccio



Victoria Farruggia



Makena Guezen



Isla Lambert



Nora Li Wang



Sofia Paolucci



Addison Roy



Penelope Stougiannos



Christina Tsantes



Kennedy Webster



L'ÉCOLE SACRÉ-COEUR DE MONTREAL
THE SACRED HEART SCHOOL OF MONTREAL
EST. 1861

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Stella Beaulieu



Mila Corsi



Alessandra Crescenzi



Sofia Cummings



Laura De Pellegrin

2



Jianing Feng



Gabriella Ferri



Kyriaki Foglietta



Isabella Gallo



Alexia Gervasi



Sanya Kohli



Fotini Kokkinakis



Jamie Langdon



Giulia Mancini



Lyscia Mantion

2



Sonya Patten



Helen Popliger



Shelby Ruggins Marchand



Nikita Sappier



Juliana Toppetta

C.



Kotoho Utsunomiya

E

S

Missing from
photos:

Yilin Jia and
Kexin Tian



L'ÉCOLE SACRÉ-COEUR DE MONTREAL



Victoria Arcaro



Sierra Bowen



Mara Cacciola



Sarah Christakis



Cristina Colella



Avery D'Ambrosio



Sarah Discepola



Fallyn Gammie



Gwendolyn Gilpin



Victoria Lee



Emily Locke



Alessandra Mucciardi



Antonia Pontillo



Jessica Saba



Claire Singer



Avery Webster



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Sienna Annisi-Palmieri



Thea Blundell



Irene Caminis



Yoonji Cho



Vivian Cochrane



Sara Corsi



Aryane Davari



Maya David



Kiera Fanelli



Heidi Gagnon



Carmen Hueppin



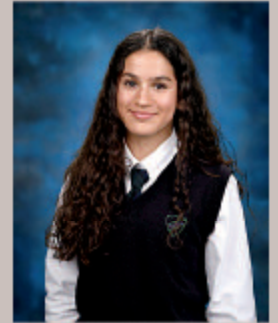
Kaley McLeod



Justine Monette



Siena Muzzo



Kiara Rose
Rodriguez-Qizilbash



Daya Saini



Mikaila Tilden



Lu Ye



L'ÉCOLE SACRÉ-CŒUR DE MONTREAL
THE SACRED HEART SCHOOL OF MONTREAL
EST. 1867

111B

2023-2024

PEL



Gabriella Abarbanel



Zoe Bahos



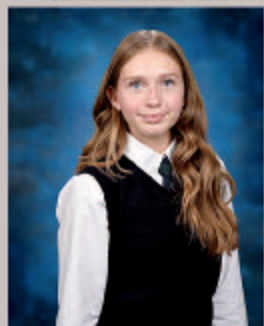
Eva Cacchione



Siena Caprera



Daniela Carmosino



Valentina Christiano



Olivia Colacci



Maria Di Giovanni



Elena Frappier-Temcheff



Olivia Hammer



Jessica Iorio



Megan Maselli



Alyssa Ment-Khoury



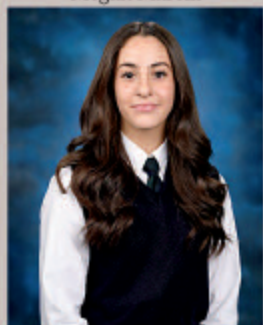
Grace Myiow



Elisabetta Roselli



Victoria Shemie



Isabella Triassi



S

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4-A 4-C E-S



Eugenia Banos Martinez



Eva Blaskovic



Angelina Cong



Vivianne Cron



Skyla Derix



Amelia Diamantopoulos



Lucca Di Ioia



Ivana Galati



Sofia Garcia Silva



Teya Konanec



Angelina Lo Dico



Emmanuela Lombardi



Isabella Maciel Gonzalez



Arianne Odulio



Sarah Rondina



Odessa Sappier



Anastasia Tsantes



Alexia Turchet



Zhuoxi Wang



Vivienne Worley



Suah Yoo

Missing from
photos:

Elmira
Mirmohammadi
and
Zvikomborero
Shoniwa





Alysia Addona



Marene Banos Martinez



Lilly Barnes



Havana Beriault



Emily Berkling Drouin



Alexandra Botsis



Evangelia Botsis



Sofia Campagna



Mintong Chen



Rosemarie De Fazio



Siena Emili



Jiani Gao



Sylvia Lo Dico



Morgan McGravie



Desiree Morin



Gabriella Mura



Victoria Ong



Ina Patten



Evangeline Sahlas-Roy



Sofia Scalzo



Georgia Stein

Missing from
photos:

Xirou Li

S

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GRAD 1-2 EAD



Layan Al Auhi



Mathilda Anderson



Stella Anderson



Megan Bishop



Kiara Caprera



Janice Chan



Yoonha Cho



Brenna D'Ambrosio



Maya Djurovic



Jordyn Etcovitch



Alexandria Finnie



Marlena Fok



Cecelia Goldberg



Cerine Hamoudi



Justine Hripko



Ava Lo Dico



Kaitlyn Ment-Khoury



Kaylin Montour



Eleanor Vincent



- PREFECTS -



Barat: Saiya Saini
Digby: Giada Stabile
DuRousier: Gabriella Pandin
Hardey: Andrea Garone
Sheldon: Angelina Ferri
Stuart: Alessandra Giammaria
Trincano: Brianna McLeod
Service Prefect: Lisa Maria Giammaria
Environmental Coordinator: Morgan Williams
GAA Co-Captains: Maya Carter Allatt and Eleni Vassalos
Vice-President: Allissa Gangai
President: Bianca Catallozzi



Retreats



Candid's Candid's Candid's...





Student Life



WE ARE SACRED HEART





Saiya Saini

BARAT



Giada Stabile

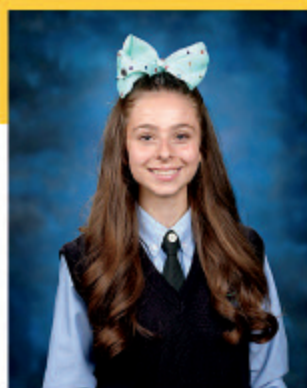
DIGBY



DUCHESNE



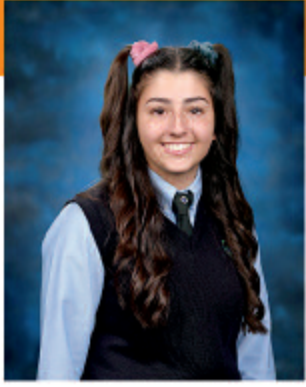
DURUSIER



Gabriella Pandin



HARDEY



Andrea Garone



STUART



Alessandra Giammaria



SHELDON



Angelina Ferri



TRINCANO



Brianna McLeod



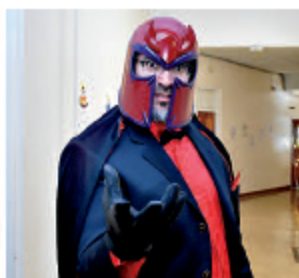
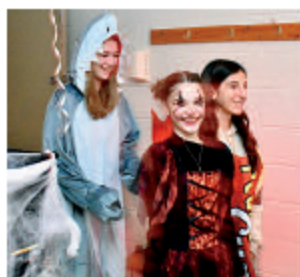


Girls for the Cure

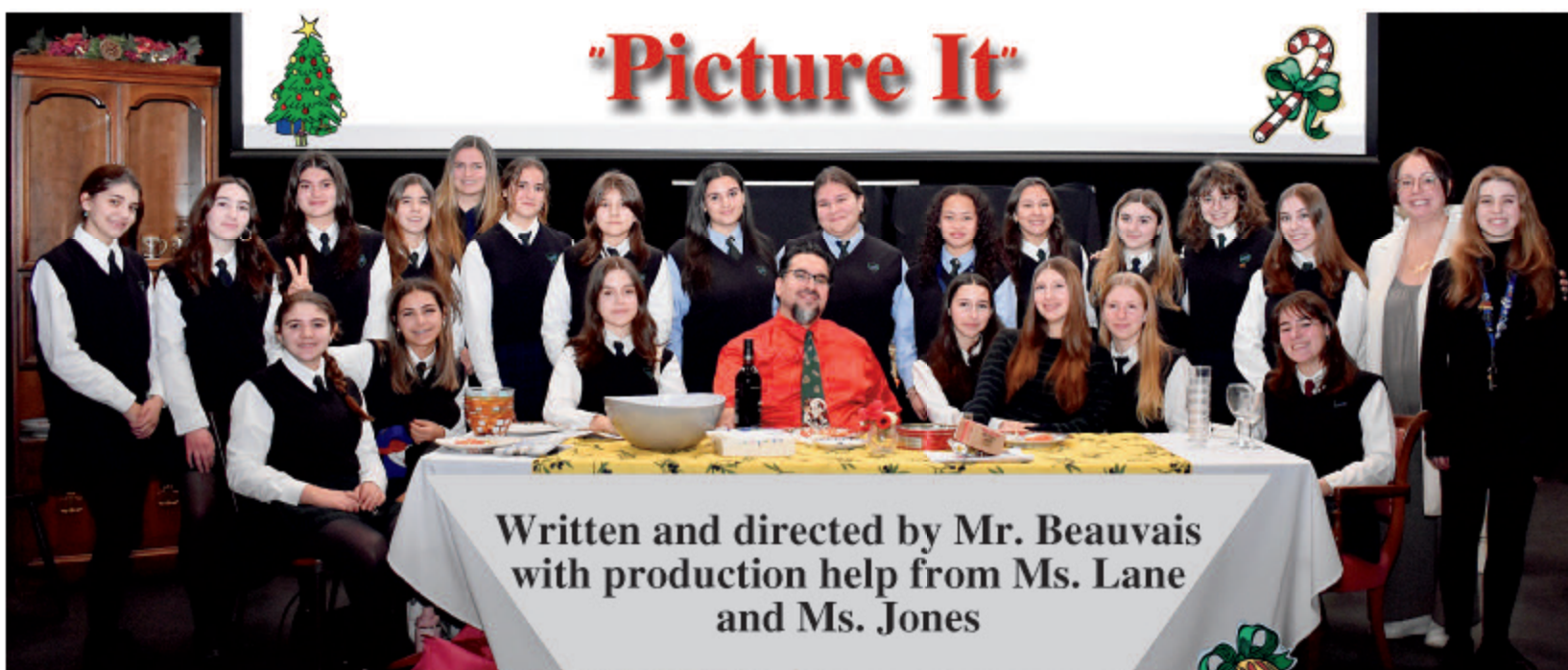




Spirit Day







Christmas Wishes

Portia Haddad, Kaya Kubisztal, Nicola Lee, Victoria Lee, Emmanuella Lombardi, Layla Olivieri, Ina Patten, Sarah Rondina, Odessa Sappier, Claire Singer, Morgan Williams, Vivienne Worley, Rosalie Campanella, Lara Capozzo, Mariana Cordeiro, Angelina Ferri, Gabriella Ferri, Isabella Gallo, Allissa Gangai, Gwendolyn Gilpin, Sophia Filipchuk



Show produced by: Ms. Maureen Brown

Dasha -



bustaad



CLB/BLC

Front: Grace Howson, Claire Singer, Avery D'Ambrosio, Jenna Hickman

Back: Ms. Jones, Gabriella Mancini, Lara Capozzo, Isabella Deveau, Zvikomborero Shoniwa and Ina Patten



L to R: Danica Derix, Valeria Villalobos Estrada, Gabriella Farruggia, Mme. Nadeau, Gabriella Ferri, Alexandra Botsis, Danica Derix, Valeria Villalobos Estrada, Juliana Toppetta, Sonya Patten, Gabriella Ferri, Gabriella Nina Farruggia, Sonya Patten, Teya Konanec, Alexandra Botsis, Sarah Rondina, Lisa Maria Giammaria, Megan Maselli, Brianna McLeod, Liane Discepola, Mariana Cordeiro Guzman, Kaya Kubisztal, Mme. Lisak



L to R: Gabriella Farruggia, Makena Guezen, Marissa Hage, Vivienne Cochrane, Mila Corsi, Thea Blundell, Alessandra Crescenzi, Gabriella Abarbanel, Gabriella Ferri, Alessandra Giammaria, Portia Haddad, Bianca Catallozzi, Giulia Sicoli, Mariana Cordeiro Guzman, Siena Emili, Sarah Rondina, Vivienne Worley, Emmanuella Lombardi, Angelina Lo Dico

Missing from the photo: Isabella Gallo, Victoria Shemie, Brianna McLeod



Final Production



Krystyna Tomiuk, Emmanuella Lombardi, Isabella Maciel Gonzalez, Claire Singer, Aryane Davari, Lara Capozzo, Addison Roy, Morgan McGravie, Georgia Stein, Stella Sullivan, Gwen Gilpin, Zviko Shoniwa, Marene Banos Martinez, Vivienne Worley, Desiree Morin, Cristina Colella, Sarah Christakis, Evie Sahlas-Roy, Lucca Di Ioia, Ms Brown, Mr Nashi, Ms Harrison, Mr Vandecruys



Residence Life





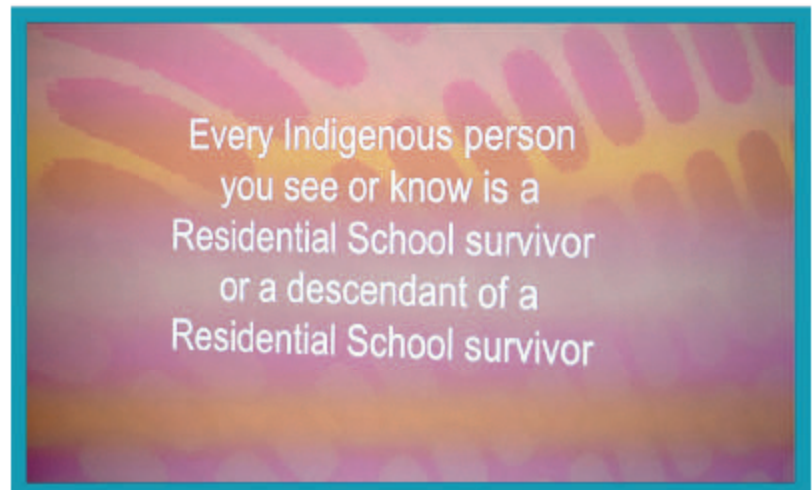
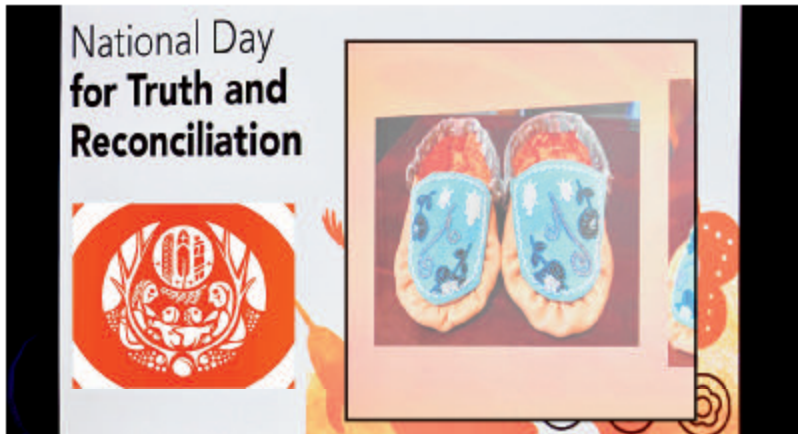
Truth and Reconciliation



Truth and Reconciliation Club Members:

Konwatshenhaién:ni Barnes,
Angelina Cong, Fallyn Gammie,
Gwendolyn Gilpin, Grace
Myiow, Antonia Pontillo

Teachers:
Mr. McRae, Ms. Jones, Mr.
Beauvais, and Ms. Quintal



Every Indigenous person
you see or know is a
Residential School survivor
or a descendant of a
Residential School survivor



Battle of the Books



Battle of the Books Members:

Eva Blaskovic, Angelina Cong, Bianca Davoli, Skyla Derix, Lucca Di Ioia, Heidi Gagnon, Gwendolyn Gilpin, Zvikomborero Shoniwa, Claire Singer, Mikaila Tilden

Teacher:
Ms. Harrison

C

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Cooking



Cooking Club Members: :

Arianne Odulio, Daya Saini, Nyah Saini, Saiya Saini

Teacher:
Mr. Pooyan

Hoops for Hope



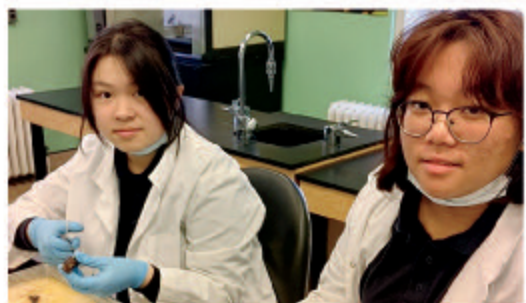




Green Team Members:

Havana Bériault, Rosalie Campanella, Skyla Derix, Emily Berkling-Drouin, Evangelia Botsis, Alessandra Crescenzi, Sarah Christakis, Gabriella Ferri, Kyriaki Foglietta, Elena Frappier-Temcheff, Giulia Mancini, Kiara Rose, Saiya Saini, Shelby Ruggins-Marchand, Morgan Williams

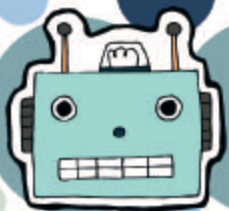
Coordinators: Claire Singer, Siena Emili, Suah Yoo
Teachers: Ms. Lantosh



Anatomy Club Members:

Megan Bishop, Eva Blaskovic, Bianca Bobbera, Irene Caminis, Sarah Christakis, Sofia Cummings, Bianca Davoli, Danika Derix, Isabella Deveau, Siena Emili, Jianing Feng, Sofia Garcia Silva, Uma Kik, Desiree Morin, Claire Singer, Krystyna Tomiuk, Kotoho Utsunomiya, Eleanor Vincent

Teacher:
Ms. Lapierre



Robotics



Robotics Club Members:

Emily Berkling Drouin, Maya Carter Allatt, Vivian Cochrane, Violetta D'Andrea, Stefania Di Florio, Siena Emili, Jenna Hickman, Victoria Ong, Gabriella Pandin, Zixi Peng, Sofia Scalzo, Claire Singer, Eleni Vassalos

Teacher: Mr. Reda



Model UN

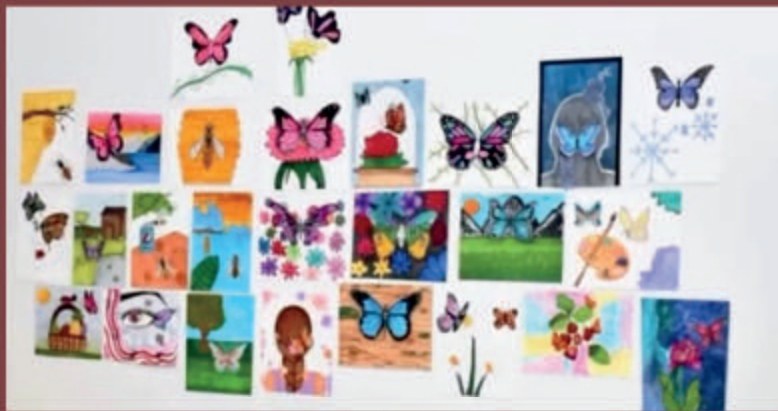


Back Row: Georgia Stein, Suah Yoo, Eva Botsis, Eugenia Banos, Odessa Sappier, Evie Sahlas-Roy, Alessandra Giammaria, Ava Lo Dico, Marene Banos, Emily Berkling-Drouin, Eva Blaskovic, Lisa Giammaria
Front Row: Alexandra Botsis, Skyla Derix, Isabella Maciel Gonzalez, Claire Singer, Sophia Filipchuk, Ina Patten
Missing from photo: Zvikomborero Shoniwa and Violetta D'Andrea



Zvikomborero Shoniwa, Claire Singer, Skyla Derix, Marene Banos, Suah Yoo, Eugenia Banos, and Isabella Maciel Gonzalez.
Teacher: Ms. Cusma

Arts Festival



Many thanks to Ms. Kobos for her dedication and inspiration!



Concert Band



MUSIC



Thank you Ms. Waldbrook for bringing music into our lives!

Sports





Emily Berkling Drouin, Alexandra Botsis, Evangelia Botsis, Christina Botsis, Violetta D'Andrea, Megan Maselli



BANTAM CROSS COUNTRY



Tatiana Cordeiro, Nikita Sappier, Marissa Hage



CADET CROSS COUNTRY



Gabriella Abarbanel, Thea Blundell, Siena Caprera, Mara Cacciola, Cristina Colella, Sara Corsi, Kiera Fanelli, Alyssa Ment-Khoury, Justine Monette, Ina Patten, Sofia Scalzo, Victoria Shemie, Alex Turchet, Siena Velenosi, Suah Yoo



JUVENILE CROSS COUNTRY



Eleni Vassalos, Maya Carter Allatt, Gabriella Pandin, Violetta D'Andrea, Grace Howson, Rosie Colapelle Spatari



BANTAM VOLLEYBALL

Mr. Lee



Stella Beaulieu, Bianca Bobbera, Annabelle Bowen, Mila Corsi, Laura De Pellegrin, Antonia Farinaccio, Victoria Farruggia, Makena Guezen, Giulia Mancini, Lyscia Manton, Kennedy Webster, Nikita Sappier

CADET VOLLEYBALL

Ms. Lantosh & Ms. Quintal



Gabriella Abarbanel, Sierra Bowen, Maya David, Jessika Iorio, Megan Maselli, Alyssa Ment-Khoury, Justine Monette, Isabella Triassi, Avery Webster

JUVENILE VOLLEYBALL

Ms. Littman



Emily Drouin, Suah Yoo, Olivia Carmosino, Lianne Discepolo, Emily Drouin, Andrea Garone, Teya Konanec, Gabriella Mura, Arianne Odulio, Evie Sahlas-Roy, Amelia Uriza,



Tatiana Cordeiro, Chloe Da Costa Frias, Danica Derix, Isabella Deveau, Isabella Gallo, Brianna Gentile, Jamie Langdon, Amelia Morena, Sofia Paolucci, Sonya Patten, Nyah Saini, Sofia-Marie Sciortino, Julianna Toppetta, Christina Tsantes



Alysia Addona, Victoria Arcaro, Thea Blundell, Mara Cacciola, Siena Caprera, Valentina Christiano, Olivia Colacci, Amelia Diamantopoulos, Carmen Maria Hueppin, Victoria Lee, Kaley McLeod, Ina Patten, Sarah Rondina, Daya Saini, Sofia Scalzo, Alex Turchet, Siena Velenosi



Eugenia Banos, Rosalie Campanella, Kiara Caprera, Maya Carter Allatt, Bianca Catallozzi, Skyla Derix, Maria Hidego, Isabelle Maciel, Desiree Morin, Gabriella Pandin, Odessa Sappier, Giada Stabile, Sofia Tsantes, Eleni Vassalos



Mr. Pooyan

HOCKEY TEAM



Alysia Addona, Emily Berkling Drouin, Alexandra Botsis, Christina Botsis, Ina Patten, Sofia Scalzo, Avery Webster

Ms. Newton

SWIM TEAM



Alysia Addona, Norah Axford, Marene Banos, Thea Blundell, Maya Carter Allatt, Mariana Cordeiro, Tatiana Cordeiro, Lianne Discepolo, Andrea Garone, Kaya Kubisztal, Nica Lee, Angelina Lo Dico, Sylvia Lo Dico, Gabriella Mancini, Hannah Robertson, Georgia Stein, Penelope Stougiannos

Mme. Nadeau

TENNIS TEAM



Emily Berkling Drouin, Olivia Carmosino, Maya Carter Allatt, Sarah Christakis, Sofia Garcia, Jessika Iorio, Megan Maselli, Justine Monette, Desiree Morin, Helen Popliger, Nikita Sappier, Suah Yoo

Shawn Bowen

CADET BASKETBALL



Gabriella Abarbanel, Annabelle Bowen, Valentina Christiano, Mila Corsi, Laura De Pellegrin, Danika Derix, Isabella Gallo, Megan Maselli, Sofia Paolucci, Nikita Sappier, Siena Velenosi

Nora Jones

JUVENILE BASKETBALL



Zoe Bahos, Bianca Catallozzi, Sara Corsi, Angelica Crescenzi, Olivia Hammer, Victoria Lee, Justine Monette, Arianne Odulio, Gabriella Pandin, Giada Stabile, Alexia Turchet

Ms. Littman

VARSITY BASKETBALL



Sierra Bowen, Kiara Caprera, Siena Caprera, Maya Carter Allatt, Amelia Diamantopoulos, Andrea Garone, Jessika Iorio, Alyssa Ment-Khoury, Desiree Morin, Eleni Vassalos, Suah Yoo

BANTAM BADMINTON

Mr. Lee



Christina Botsis, Tatiana Cordeiro, Mila Corsi, Alessandra Crescenzi, Isabella Gallo, Giulia Mancini, Nikita Sappier, Christina Tsantes

CADET BADMINTON

Mr. Lee



Gabriella Abarbanel, Thea Blundell, Laura De Pellegrin, Jessika Iorio, Teya Konanec, Megan Maselli, Alyssa Ment-Khoury, Justine Monette, Ina Patten, Sofia Scalzo

JUVENILE BADMINTON

Mr. Lee



Eleni Vassalos, Andrea Garone, Maya Carter Allatt, Gabriella Pandin, Saiya Saini, Nica Lee, Mokshitha Sundaresan

BANTAM FLAG FOOTBALL



Bianca Bobbera, Annabelle Bowen, Tatiana Cordeiro, Mila Corsi, Danica Derix, Isabella Deveau, Gabriella Ferri, Isabella Gallo, Brianna Gentile, Marissa Hage, Amelia Morena, Sofia Paolucci, Simona Pedone

Ms. Littman

CADET FLAG FOOTBALL



Alysia Addona, Thea Blundell, Sierra Bowen, Mara Cacciola, Siena Caprera, Valentina Christiano, Elena Frappier-Temcheff, Jessika Iorio, Victoria Lee, Kaley McLeod, Alyssa Ment-Khoury, Desiree Morin, Siena Muzzo, Siena Velenosi

Ms. Newton & Mackenzie Baldry

JUVENILE FLAG FOOTBALL



Megan Bishop, Olivia Carmosino, Maya Carter-Allatt, Bianca Catalozzi, Rosie Colapelle Spatari, Lianne Discepolo, Andrea Garone, Teya Konanec, Nica Lee, Gabriella Pandin, Ina Patten, Sofia Scalzo, Giada Stabile, Alexia Turchet, Eleni Vassalos

HALO ROAD RACE

Ms. Littman



Bantam:

Nikita Sappier and Mila Corsi



Cadet:

Victoria Arcaro, Thea Blundell, Mara Cacciola, Cristina Colella, Sara Corsi, Elena Frappier-Temcheff, Victoria Lee, Justine Monette, Victoria Shemie, Siena Velenosi



Juvenile:

Maya Carter Allatt, Bianca Catallozzi, Rosie Colapelle Spatari, Violetta D'Andrea, Grace Howson, Ina Patten, Sofia Scalzo, Giada Stabile, Alexia Turchet, Suah Yoo

TRACK AND FIELD

Ms Littman, Ms Brues, Mme Nadeau, & Lilah Caprera



Bantam:

Bianca Bobbera, Annabelle Bowen, Isabella Deveau, Brianna Gentile, Kennedy Webster

Cadet:

Gabriella Abarbanel, Victoria Arcaro, Sierra Bowen, Siena Caprera, Mila Corsi, Laura De Pellegrin, Isabella Gallo, Olivia Hammer, Jessika Iorio, Megan Maselli, Alyssa Ment-Khoury, Sonya Patten, Helen Popliger, Victoria Shemie, Siena Velenosi, Avery Webster

Juvenile:

Thea Blundell, Maya Carter Allatt, Bianca Catallozzi, Rosie Colapelle Spatari, Violetta D'Andrea, Andrea Garone, Teya Konanec, Victoria Lee, Justine Monette, Arianne Odulio, Sofia Scalzo, Eleni Vassalos



SPORTS BANQUET



SPECIAL PRIZES AND AWARDS

S Pins:

Mila Corsi, Nikita Sappier, Valentina Christiano, Olivia Hammer, Justine Monette, Avery Webster, Emily Berkling Drouin, Alexandra Botsis, Amelia Diamantopoulos, Teya Konanec, Ina Patten, Suah Yoo, Giada Stabile.

Saints Pins:

Siena Caprera, Jessika Iorio, Alyssa Ment-Khoury, Siena Velenosi, Maya Carter Allatt, Bianca Catallozzi, Andrea Garone, Eleni Vassalos

Team of the Year:

Cadet Basketball

Dawn Cumming Junior Athletic Award:

Alyssa Ment-Khoury

Mary Jean Watson Senior Athletic Award:

Maya Carter Allatt

The Award of Honour:

Kiara Caprera

The Julia Cianci Award for Excellence in Athletic Leadership:

Maya Carter Allatt

GRADUATION AWARDS

GMAA MVP Recognition Awards:

Cross Country Running: Rosie Colapelle Spatari

Soccer: Eleni Vassalos

Volleyball: Andrea Garone

Basketball: Maya Carter Allatt

Swimming: Gabriella Mancini

Flag Football: Eleni Vassalos

Track and Field: Bianca Catallozzi

GMAA Most Sportsmanlike Player:

Giada Stabile

Tri-Season Graduation Medals:

Maya Carter Allatt, Bianca Catallozzi, Lianne Discepolo, Andrea Garone, Gabriella Pandin, Giada Stabile, and Eleni Vassalos



Grad Section

2024



JOUVENCE

A Retreat To Remember





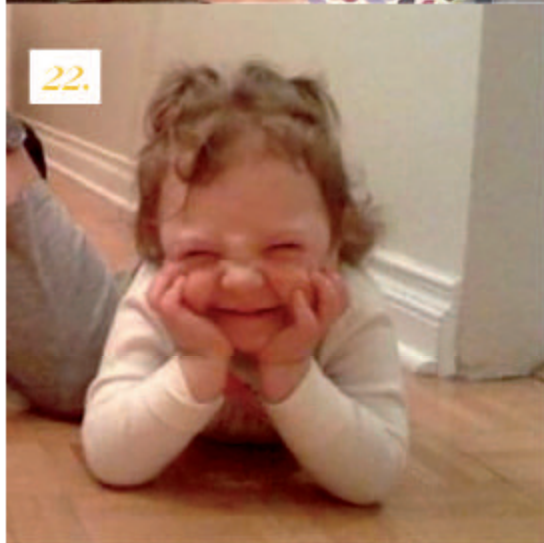
STRATFORD

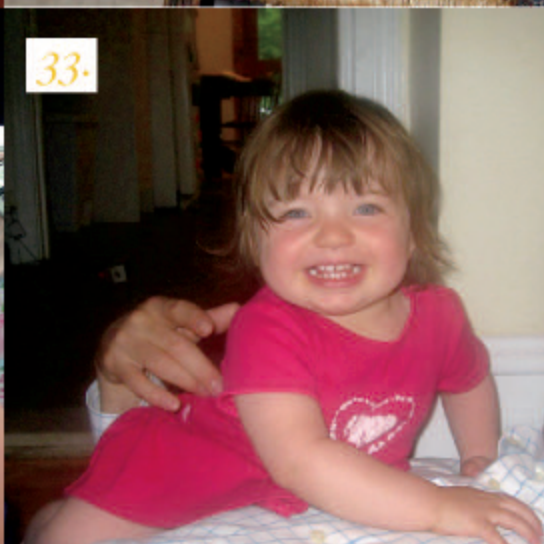
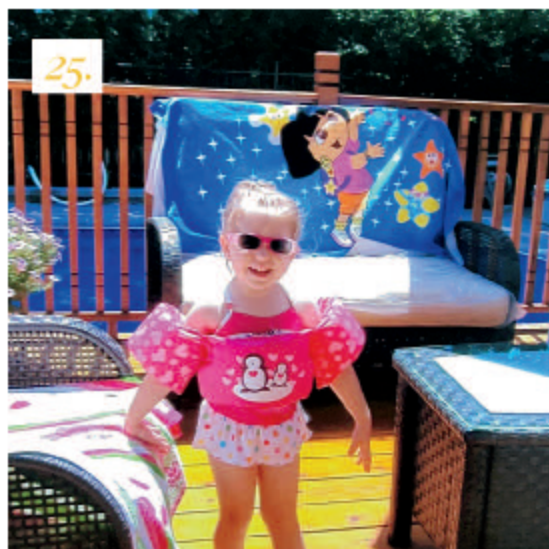




Guess The Baby









1. Mia Di Caprio 2. Portia Haddad 3. Mokshitha Sundaresan 4. Jenna Hickman 5. Giada Stabile 6. Zixi Peng 7. Lisa Maria Giammaria 8. Uma Kik 9. Alessandra Giammaria 10. Grace Howson 11. Yiting Huang 12. Rosie Colapelle Spatari 13. Gabriella Pandin 14. Krystyna Tomiuk 15. Carina Wu 16. Kavni Dave 17. Bianca Catallozzi 18. Kaya Kubisztal 19. Maya Carter Allatt 20. Violetta D'Andrea 21. Giulia Sicoli 22. Layla Olivieri 23. Morgan Williams 24. Bianca Davoli 25. Angelica Crescenzi 26. Sophia Filipchuk 27. Lianne Discepola 28. Marianne Hannan 29. Linqian Wu 30. Nicky Paquette 31. Hannah Robertson 32. Mariana Cordeiro 33. Nica Lee 34. Stefania Di Florio 35. Saiya Saini 36. Sofia Tsantes 37. Brianna McLeod 38. Eleni Vassalos 39. Norah Axford 40. Rosalie Campanella 41. Olivia Carmosino 42. Elly Jiang 43. Gabriella Mancini 44. Angelina Ferri 45. Lara Capozzo 46. Allissa Gangai 47. Andrea Garone

Most Likely to...

SUPERLATIVES



1. Norah Axford



2. Rosalie Campanella



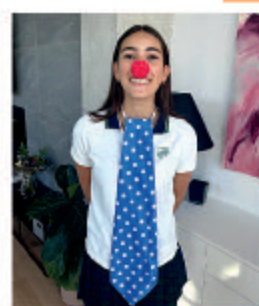
3. Lara Capozzo



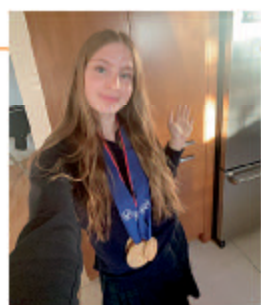
4. Olivia Carmosino



5. Maya Carter Allatt



6. Bianca Catallozzi



7. Rosie Colapelle Spatari



8. Mariana Cordeiro Guzman



9. Angelica Crescenzi



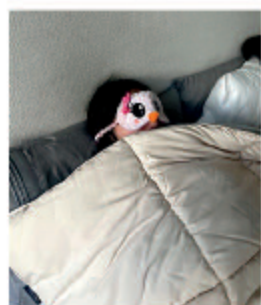
10. Violetta D'Andrea



11. Kavni Dave



12. Bianca Davoli



13. Mia Di Caprio



14. Stefania Di Florio



15. Lianne Discepola



16. Angelina Ferri



17. Sophia Filipchuk



18. Allissa Gangai



19. Andrea Garone



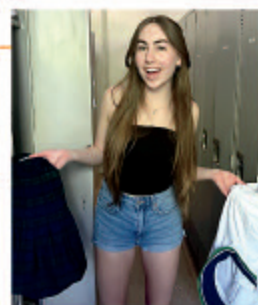
20. Alessandra Giammaria



21. Lisa Maria Giammaria



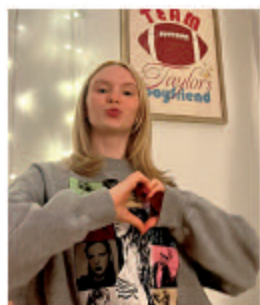
22. Portia Haddad



23. Marianne Hannan



24. Jenna Hickman



25. Grace Howson



26. Yiting Huang



27. Elly Jiang



28. Uma Kik



29. Kaya Kubisztal



30. Nica Lee



31. Gabriella Mancini



32. Brianna McLeod



33. Layla Olivieri



34. Gabriella Pandin



35. Nicky Paquette



36. Zixi Peng



37. Hannah Robertson



38. Saiya Saini



39. Giulia Sicoli



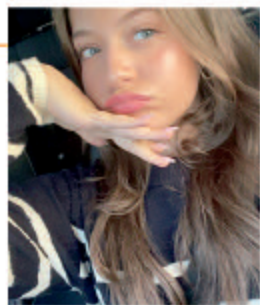
40. Giada Stabile



41. Mokshitha Sundaresan



42. Krystyna Tomiuk



43. Sofia Tsantes



44. Eleni Vassalos



45. Morgan Williams



46. Linqian Wu



47. Carina Wu

1. Fall asleep in class 2. Skip school for dance 3. Outsmart the CIA 4. Eat mac and cheese 5. Be a soccer Mom 6. Be a clown on a children's TV Show 7. Most Humble 8. Best hugs 9. Become a famous artist 10. Say the most uncalled for things 11. Go to camp rock 12. Move back to Italy 13. Skip French class 14. Become a fashion icon 15. Hug the meanest person 16. Be the last one ready 17. Become a comedian 18. Have whatever you need 19. Win an eating competition 20. Become an aesthetic 21. Yell at a non-Greek person in Greek 22. Laugh at her own jokes 23. Show up to school not in uniform and change before class 24. Best hair 25. Be the biggest Taylor swift fan 26. Be a secret genius 27. Most beautiful soul 28. Advocate for animal rights 29. Ask to have a piece of your hash brown 30. Become a famous hockey player 31. Not know how to do "soh cah toa" 32. Finesse her way out of a test 33. Say "sir hear me out" 34. Argue with Mr Reda 35. Become a fitness trainer 36. Best smile 37. Get Tims everyday 38. Have a bedtime 39. Be the next Rory Gilmore 40. Move to Florida 41. Never buy an overpriced donut again 42. Live in the woods 43. Best eyes 44. Growl at you in the streets 45. Become an actress 46. Secretly run a business 47. Become a famous flutist

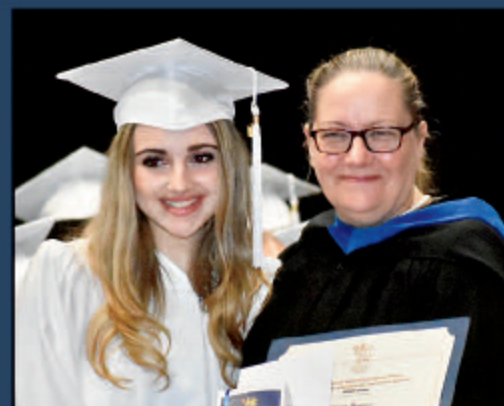
Convocation





Portia Haddad

Valedictorian



Good evening Ms Briand, Ms Maloni, Ms Littman, faculty, staff, family, friends and of course, the graduating class of 2024.

My name is Portia Haddad, and it is an honour to be this year's Valedictorian. It is with great privilege and modesty that I am able to stand in front of you all today. I am extremely proud to be able to represent this group of determined and dedicated young women.

As some of us may know all too well, speeches are no easy task. I couldn't seem to decide if I wanted to kick it off with some words of advice, or by reminiscing over the transformative five years we have had. It then dawned on me that the only reason I am standing here today is thanks to the continuous motivation and support I received not only from my family, but from the girls that are sitting on this stage with me today.

I could not imagine spending my high school career with any other group of people. Each and every one of you has brought so much joy and happiness to the halls of Sacred Heart, and were the main reason I could get out of bed in the morning after long nights of trying to figure out what the green light symbolized in the Great Gatsby.

I could speak for hours about the unforgettable memories we made together; from getting lost in the streets of Venice, singing Lana del Rey around the campfire, or how we all fell asleep during Shakespeare's *Much Ado About Nothing*... even you Mr Beauvais.

We not only had positive experiences together, but also ones that were not so favourable. The pandemic was an impeding factor to trying to have a normal first year of high school. We were confined to bubbles and it was not as easy to socialize with each other. Still, we persevered, and did not let this stop us from forming tight bonds during our first few years, even if this meant abusing the FaceTime app 24/7.

Over the course of the last week, it dawned on me that our sports days, Girls for the Cure walks, talent shows and numerous field trips were slowly becoming distant memories. This is the main reason why leaving Sacred Heart has been the day that I've been dreading for so long. But instead of being sad that this chapter of our lives is closing, we should appreciate the time we spent wandering the many coloured stairways of Sacred Heart. This was not only a building that we came to for our education, but, as cliché as this sounds, it was a place that we called our home.

Sacred Heart nurtured us to grow both mentally and creatively to become productive members of society. The core values of both leadership and respect were emphasized the moment we walked through the front doors. For starters, we learned the importance of leadership in a group setting. There is a famous saying that reads "leadership is an action, not a position," and this perfectly applies to what we were taught. Being a leader goes beyond being the "one in charge" or shouting at others. Rather, it is setting an example with the hopes that those around us flourish to become leaders themselves.

Apart from developing our character, this school paved the way into our creative sides. We were able to express ourselves through sports, art shows, final productions, and music concerts. The school-wide pride that would emanate through the halls when our classmates were recognized for their hard work is where Sacred's sisterhood truly shined.

On behalf of the entire grade, I would like to thank all the teachers, coaches and guidance counselors for not only fulfilling their role as our educators but for going above and beyond their respective roles, some of which became our mentors, motivators, even the ones to listen to our immature gossip. Thank you for the dedication that you have put into our school. Thank you for always believing in us, even when we did not believe in ourselves. For turning your classrooms into a safe space. For listening to our concerns and acting accordingly, even if that meant pushing a test back a few days. Thank you for nurturing our minds, not only academically, but with lessons that will stick with us for the rest of our lives. And Mr Reda, thank you for allowing us to be kids again with you, and for not getting upset when we chose to have water gun fights instead of trying to understand Calculus.

It is impossible to thank all of our educators without mentioning our first teachers, our parents. From helping us with our science projects, to preparing us to become confident women, your sacrifices have never gone unnoticed. Your values are and always will be intertwined with our own. We all hold pieces of you in ourselves and know that even though we are moving onto a more independent phase of our lives, you will always be the ones we call when we become overwhelmed. When we look at our reflections in the mirror, we know that you are not far behind, because all of us see ourselves in you.

Now we stand together, one final gathering of classmates, who have watched each other grow from timid little girls, into beautiful and smart young women. Congratulations, once again, to the Class of 2024. Our future awaits, and I have no doubts that each and every one of you will change the world.

The Auriol Wilkins '52 Roper Memorial Prize for Contribution to Sports - Maya Carter Allatt

The Parents' Guild Prize for Social Sciences - Lara Capozzo

The Sacred Heart BLC Award for English & The Julia Cianci '18 Memorial Award - Bianca Catallozzi

The Sacred Heart School of Montreal Art Prize - Angelica Crescenzi

The City House Foundation Bilingual Proficiency Prize - Lianne Discepolo

The Norman T. Byrne Memorial Prize & The Sacred Heart Debating Prize - Sophia Filipchuk

The Provincial Council Award, The Frances Smith '65 Memorial Prize & The Lieutenant Governor's Award
- Mariana Cordeiro Guzman

The Jean Filipovich Achievement Award for Liberal Arts, The Governor General's Medal and Parents' Guild Award & The St. Mary's Girls for the Cure Scholarship
- Portia Haddad

The Christiane de Sainte Marie '67 Francophile Prize - Nan Jiang

The Student Council Prize - Kaya Kubisztal

The Heather MacDougall '67 Memorial Prize - Gabriella Mancini

The Soeur Annette Archambault Memorial Prize for Français Langue Seconde - Brianna McLeod

The Sister Gertrude McNamara Memorial Prize for Mathematics & The Estelle Fitzgibbon Memorial Prize
- Zixi Peng

The Head of School's Memory Book Award - Hannah Robertson

The Peter Judson Science Award - Saiya Saini

The Joanne Mastro Award for Academic Excellence in Religious Studies, The St. Mary's Girls for the Cure Scholarship & The Soeur Annette Archambault Memorial Prize for Français Langue Enrichie.
- Giulia Sicoli

The Genny Marilley '87 Memorial Prize for Social Activism and Community Service - Krystyna Magdalena Tomiuk

The Christiane de Sainte Marie '67 Francophile Prize - Eleni Vassalos

The Judith Rossi '80 Memorial Prize - Morgan Williams

The Sacred Heart Music Award - Zihan Wu

The Graduating Class



Norah Axford

"What's for you won't pass you".
- Unknown



Rosalie Campanella

"Girl, the only thing that I actually understood during these five years is to NOT sweat the small stuff."
- Roro Camps

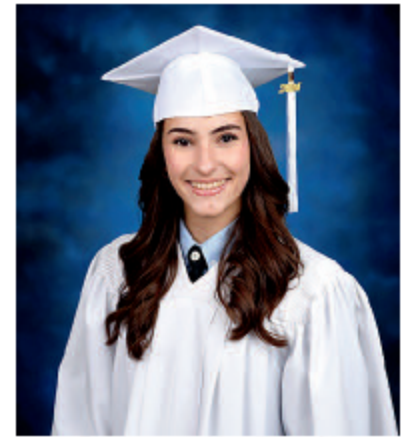


Maya Carter - Allatt

"I survived tubing on the lake with my dad driving... graduating was easy"
- Maya Carter-Allatt

FS: "The Spins" by Mac Miller
FA: Noah Kahan
CM: Sports trips, Stratford, sec. 4 math class.
FA: To travel all around the world, have a family and live somewhere hot.
FC: Physical education, NOT gym (Ms. Newton would be proud!)

Thank you to my mom and dad for always having my back no matter what, and thank you to my dog for always accepting my hugs.



Bianca Catallozzi

"I'm not mad, my face is just on autopilot"
- Bianca Catallozzi

FS: Rich Baby Daddy
FA: Rihanna
FC: Calculus with Mr Reda.
FA: To become my own boss.



Lara Capozzo

"I believe that if you change your perspective ever so slightly, you can find happiness anytime and anywhere."

- Vernon from Seventeen

FS: Novacane by Frank Ocean
FA: Mac DeMarco
CM: The Stratford Trip
FA: To live a life that has no regrets
PD: Historian
FS: History

I would like to thank my parents for being a pillar of support who are willing to hear my rants about the day's exploits. I'd like to thank my fellow graduates for teaching me about community. I want to thank my friends and teachers, who are willing to listen to all my stupid musings and questions while always encouraging me to get out of my comfort zone. Finally, I would like to thank all the music I've listened to over the years because it has made many boring study sessions a bit more tolerable.
#Wolf-gang



Olivia Carmosino

"Let's see who was right in the end."
- Unknown

CM: Sec 5 retreat & that unforgettable Italy trip, if you know you know...

FA: I'll let you know in a couple of years

FC: Lunch & Sec 4 math class

I would like to thank my parents and teachers for helping me tremendously throughout these past five years, couldn't have done it without them, literally!



Rosie Colapelle Spatari

"Sorry I'm late, I had skating"
- Rosie Colepelle Spatari

FA: Kanye West
CM: Discovering what Labor Day was in Mr. Gallo's History Class.
FA: I'll let you know in about a decade or two...
PD: Running Marathons

Thank you to all the teachers who supported and encouraged me throughout my years at Sacred, I couldn't have done it without you!



Mariana Cordeiro-Guzman

"Portia! We have to think of a good matching senior quote, it's due today!"
- Mariana Cordeiro- Guzman

FA: Don Toliver
CM: Costa Rica & getting Saiya sick in Stratford.
FA: Become a mom & an NHL wife
PD: A pool thing.
FC: That one French class in Sec 4...

Thanks to my family who always believed in me and was by my side throughout the years. I feel to blessed to have a loving, supporting family that motivates me to accomplish my goals and dreams.



Angelica Crescenzi

"Take pride in how far you've come. Have faith in how far you can go. But don't forget to enjoy the journey. Always remember you're BRAVER than you believe, STRONGER than you seem, SMARTER than you think & LOVED more than you know."

- Michael Josephson

FS: Buurman Uit Berlijn by MCR-T feat. Joost
FA: Måneskin, Joost Klein, System Of A Down
CM: The Europe Trip.
FA: To work in the field of science or teaching and to have a home by the sea.
PD: Travel the world while dressing fashionably.
FC: Chemistry, Math and Art.

Thanks to my family for always supporting me, my teachers for challenging me and motivating me, my close friends that brought me great entertainment, my headphones for supporting my constant need to listen to music.



Violetta D'Andrea

"Let your intrusive thoughts win".
- Violetta D'Andrea



Karmi Dave

"First of all, Papa Smurf didn't create Smurfette. Gargamel did. She was sent in as Gargamel's evil spy with the intention of destroying the Smurf village, but the overwhelming goodness of the Smurf way of life transformed her."

- Donnie Darko

FA: The 1975, Clairo, Mazzy Star, The Velvet Underground
FA: Electrical Engineering



Bianca Davoli

"Love is patient and kind; it is not jealous or conceited or proud; it is not arrogant".
(1 Corinthians 13:4)

FS: "Blame Game" - Kanye West
FA: Kendrick Lamar
CM: Sec 5 retreat, silly class discussions.
FA: Raising a big loving family and studying medical surgery.
FC: Math and Chemistry.

Thanks to the Sacred Heart faculty and staff for pushing me to better myself. Not only in my studies, but in who I am. Thanks to my dear Mom for raising me into the young lady I am today and inspiring me each day to strive for excellence. Thank you to my family in general for gifting me with so much love. As I am closing this chapter of my life, I look ahead to the future with anticipation.



Mia Di Caprio

"I probably handed this in late too"

- Mia Di Caprio



Stefania Di Florio

Live, love, laugh!



Lianne Discepolo

"This makes no sense"
- Lianne Discepolo

FS: "Rich Baby Daddy" by Drake
FC: Calculus with Mr. Reda.
PD: A pool thing.



Angelina Ferri

"Chat GPT helped me find this quote."
- Angelina Ferri

FS: "Butterfly Effect" by Travis Scott
FA: Don Toliver
CM: Ms. Vaupshas' Secondary two Math class.
FA: To meet Cristiano Ronaldo
PD: Be married to a professional athlete

Thanks to my family and friends for being there with me through it all.

Legend:

FS = Favorite song
FA = Favorite artist
CM = Cherished memory
FC = Favorite class
FA = Future ambition
PD = Probable destination

The Graduating Class



Sophia Filipchuk

"If life gives you lemons, throw them at someone."

-Sophia Filipchuk

FA: Mac Demarco

FS: Eyes Without a Face - Billy Idol

CM: Homeroom snack parties in sec two.

FC: Ms Lapierre's sec three puberty class. (If you know, you know).



Allissa Gangai

"Like all my assignments, I was late to submitting this too"

-Allissa Gangai

FS: "Call Your Mom" by Noah Kahan
CM: Italy trip, grad retreat and Stratford
FA: To be a mom
PD: Entrepreneur and stay at home mom.

Big thanks to my family for always being there, my real friends for the reality checks, and the school for providing WiFi that is just as reliable as me submitting my assignments on time. Couldn't have done it without you all!



Andrea Garone

"Where there's a will there's a way, when I sit next to Eleni I get an A."

-Andrea Garone

FS: "A Sky Full of Stars" by Coldplay
CM: Italy trip, Sec 5 retreat & Sports tournaments
FA: Entrepreneur
FC: Calculus with Mr. Reda

Thanks to the Sacred Heart community: for the motivation and support you have given me for these past five years that has shaped me into the person I am today. Thank you to my parents and my brother for the constant reminder of never giving up and always encouraging me to follow my heart. I couldn't have done it without your love and support.



Alessandra Giammaria

"I didn't use Chat GPT, I used my twin sister"

- Alessandra Giammaria

I love you Lisa.



Lisa Maria Giammaria

"Sometimes people sneak up on you and suddenly you don't know how you ever lived without them."

-Garrett Graham

FS: Fast Car by Tracy Chapman

Favorite book series: The Boys of Tommen

Favorite movie: Titanic

Favorite TV Show: Bridgerton

I love you too Alessandra.



Portia Haddad

"Mariana! We have to think of a good matching senior quote, it's due today!"

- Portia Haddad

FA: Justin Bieber
CM: Italy Trip & getting Saiya sick in Stratford
FA: Travel the world.
FC: That one French class in Sec four.

Thanks to: My mom and dad for never giving up on me and supporting me throughout my whole life. Your love, motivation, and support has impacted me in so many ways and my gratitude for you stretches beyond the stars.



Marianne Hannan

"I promise I'm nicer than my 'walking to class' face."

- Marianne Hannan



Jenna Hickman

"To live is the rarest thing in the world. Most people exist, that is all"

- Oscar Wilde

Thanks to my brother, parents and my amazing friends. Love ya!



Grace Howson

"I cry a lot but I am so productive, it's an art!"
- Taylor Swift

FS: "The Black Dog" by Taylor Swift
CM: Lunch Outs with friends, Sleepover at the School
FA: To travel the world, further my education, and start a career
PD: The beach
FC: English and Effective Writing

Thanks to my family, Cassie and Pierre, I wouldn't be anywhere without you. Your love and support means more than you will ever know. Ms. Jones, for being the best English teacher and encouraging me to pursue my passions. Teddy and LouLou, for being the best dogs in the world.



Yiting Huang

"Love stays oceans apart, oceans are easy reach."
- Unknown

FS: "Blank Space" by Taylor Swift
FA: Sandra Bullock
CM: Every second
FA: Be a boss
PD: Be pretty everyday
FC: Music class

Thanks to the Sacred Heart community: Thank you for the commitment, motivational thoughts and immense support that have shaped me into the young lady I am today. Your unconditional love and efforts drove me to complete my high school journey.



Nan Jiang

"Always be clear in the midst of restlessness."
- Unknown

FS: Midnight Rain by Taylor Swift
CM: DASHABUSTADD and laughter in Calculus class
FA: Pursue my career in economics
FC: Calculus and Lunch

Thank you to Sacred Heart for always giving me endless help, keeping me on the right track, and shaping who I am today. In the past five years, I've made friends and met many people who helped me. Thank you to my parents and sisters who are always by my side: Your unconditional love and encouragement have given me immense confidence. I am forever grateful for everything you've done.



Uma Kik

"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail."
- Ralph Waldo Emerson

FS: A Million Dreams, by Pink.
CM: Field Trips, Mass, School Plays, First Day of Grade 11, Classes and Clubs.
FA: Pursue my studies at McGill University (Law and Animal Science).

As I contemplate the perpetual cycle of the ouroboros, I discern that our lives continuously evolve through phases of renewal and discovery. I would like to thank the Sacred Heart School community and my family for nurturing and bestowing the seeds of my life, which flourished into a perpetual tree. These past years molded me into the righteous and humane individual I am today, helping me forge a distinctive path of peaks and valleys.



Kaya Kubisztal

FS: Yeah! By Usher
CM: annoying Ms. Tien (I'm sorry)

Thanks to my family, friends and my chromebook for holding itself together when I couldn't.



Nicola Lee

"I finally learned how to right good."
- Unknown

FS: We are the People by Empire of the Sun
Favourite movie: Dead Poets Society

Thanks to my family and friends, for supporting me through high school.



Gabriella Mancini

"To graduate, do I need to use SOH CAH TOA?"

- Gabriella Mancini

FS: Star-spangled banner.



Brianna McLeod

"You get in life what you have the courage to ask for"
- Oprah Winfrey

FA: Rihanna, The Weeknd, Bad Bunny
CM: Trincano winning 3rd place in Sports Day, going to Italy and everyone singing Sarà perché ti amo out the window, grad sleepover
FA: Get a PhD in health, start a business and travel the world with my family
FC: Mr Reda's classes

Thanks to all the teachers at Sacred Heart for their dedication and unconditional support towards their students. The teachers are what make this school feel like a second home and make me look forward to classes. I want to thank my friends as well for sticking by me for all these years. And lastly, my parents and my brother, for loving me and pushing me to succeed. I'm so blessed to have you all in my life and I'm truly the happiest I've ever been, which I owe to all of you!

The Graduating Class



Layla Olivieri

"Sir just hear me out, this year was crazy"

-Layla Olivieri

FS: "Diva" by The Kid LAROI and Lil Tecca

CM: The uncontrollable laughs at anytime and any place
FA: Become an oncologist, travel, start a family, someday live in Italy and live life to the fullest

PD: Med school

FC: that one physics class when none of us spoke to Mr. Reda and we only communicated by the google translate voice

Thanks to my parents who have been a constant support throughout all of high school and my mother for always pushing me to be the best I can be. You have never doubted me once and for that I thank you. Thank you to the amazing friends I made this year. You all have shown me what high school is really all about and I'll always be grateful for that.



Hannab Robertson

"YOLO, you only live once"

-Unknown

FS: "Forever" and "Call Your Mom" by Noah Kahan

FA: Abba, Electric Light Orchestra, Noah Kahan and Fleetwood Mac

CM: Italy trip, Sec 5 retreat and Stratford trip, SSX, bunny hop and crying on the last day of school in a circle made up of our whole grade.

PD: A job in the medical field

FA: To do what I love, no matter what that may be.

FC: Mr Pooyan's chemistry jeopardy classes

Thanks to my family who have supported me throughout high school, from my stress with sec 4 ministry exams, to making the sure I have the best ever graduation and prom. They are my rock and help me so much more than they know. Thank you also to my friends who made these past 5 years an experience I will never forget. Thank you for all the advice, laughs and tea sessions you've given me, I will always hold them close to my heart.



Gabriella Pandin

"Who even came up with Gibby?"

-Gabriella Pandin

CM: Costa Rica service trip, CAIS soccer trip, Completely forgetting to read the question booklet during my chemistry midterm

FC: Calculus with Reda

Thanks to my family, especially my mom, my teachers and my friends. A special thank you to ChatGPT as well.



Saiya Saini

"A beautiful life is a collection of unforgettable moments."

-Unknown

FA: Brent Faiyaz

CM: Europe trip, Sec 5 retreats, and school activities.

FA: To be in the science field and travel.

FC: That one French class in Sec 4

Best House: Barat of course

Thanks to the Sacred Heart community, who has made my high school journey truly remarkable. Every moment spent at the school has been cherished, and I will deeply miss it. Gratitude goes to the incredible teachers, my fellow classmates, and my supportive family and friends.



Véronique Paquette

"When in doubt, laugh it out"

-Unknown

CM: Costa Rica service trip, CAIS soccer trip, Completely forgetting to read the question booklet during my chemistry midterm

FC: Calculus with Reda

Thanks to my family, especially my mom, my teachers and my friends. A special thank you to ChatGPT as well.



Giulia Sicoli

"Mr. Beauvais I have a question."

-Giulia Sicoli

FS: "The Color Violet" by Tory Lanez

FA: Justin Bieber

CM: The Italy trip and getting Saiya sick in Stratford

FA: To travel, pursue a career I love, & live somewhere warm.

PD: Stay at home mom

FC: That one French class in Sec 4

Thanks to my parents and family who loved and supported throughout these years. To my amazing friends who made me excited to come to school everyday. To the Sacred Heart community for shaping me into the confident and ambitious young woman I am today.



Zixi Peng

"You don't have to be the sun, you can be a star, a streetlight or a firefly. If you don't want to shine, then be lazy and even if you never shine, you are still the best version of yourself!"
- Zixi Peng

FS: "Kill This Love" by BlackPink

FA: Ji-eun Lee (IU)

CM: trip to Toronto

FA: Pursue my career in the science field.

FC: All classes

Thanks to the Sacred Heart community, I am grateful to all my teachers and staff for their hard work, dedication and selflessness, and to the school for the opportunities and support they have given me, and I will always cherish the time I have spent here. I am grateful to my parents and friends who have been there for me and helped me in difficult times.



Giada Stabile

"30 absences later... and I'm still in Florida."

-Giada Stabile

FS: "All my love" by Noah Kahan

CM: Italy trip, Stratford, Sec 5 Retreat & Sports teams

FA: Entrepreneur

FC: Sec 4 Science with Reda

Thanks to the Sacred Heart community, Thank you for your constant guidance and encouragement. Thank you for all the unforgettable memories that I will cherish for a lifetime. To my family, thank you for your unwavering support and love which have given me the confidence to chase my dreams fearlessly.



Moksbitba Sundaresan

"Anyone can love a rose, but it takes a lot to love a leaf. It's ordinary to love the beautiful, but it's beautiful to love the ordinary."

-Unknown

FS: "I wanna be yours" by Arctic Monkeys

FA: The Weekend

CM: talking to friends during lunch, and socializing with everyone.

FA: To become independent and rich, travel all around the world with my best friends and enjoy life!

FC: Math and Chemistry (Mr Pooyan is an awesome teacher)

Thanks to everyone, including the Sacred Heart Community, teachers, faculty, students, etc., made me feel welcomed on the first day of school. I loved every moment I spent in the Sacred Heart; I felt like I finally fit in! Thank you to my family, who motivated me during tough times!



Krystyna Tomiuk

"Speak in French when you can't think of the English for a thing—Turn out your toes as you walk—And remember who you are!"

-Lewis Carroll, Through the Looking-Glass, and what Alice Found There (45).

FS: "The Frost" by Mitski

FA: Stray Kids

CM: Working on Final Production, Costa Rica Service Trip

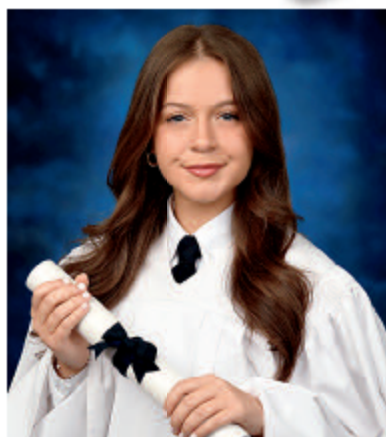
FA: Visit every country in the world

PD: Being a coroner

FC: Honours Biology

Thanks to my friends, my teachers, NAJING and JOUNAIL for making café vlogs and nail extension videos that I watch during class to stay awake, Stray Kids for making such good music and motivating me to do stuff, my doc martens for making my uniform actually look cute and everyone who kept me afloat during my high school years

#Wolf-Gang



Sofia Tsantes

"Don't give up on your dreams, keep sleeping lol"

-Unknown



Eleni Vassalos

"If I had a dollar every time I turned on the speakerphone on the first floor, I wouldn't need this diploma" (sorry Mr Pooyan & Mr Reda)

-Eleni Vassalos

FS: "Timber" by Pitbull

CM: fainting on the Italy trip, watching mean girls in cal & Costa Rica Service Trip

FA: To ride an elephant in Thailand

FC: calculus

Thanks to my dog, to the Sacred Heart community, to all my friends, to my dad, my sister and my best friend: my mom



Morgan Williams

"We're all small and stupid."

- Evelyn Quan Wang (Everything Everywhere All At Once, 2022)

FS: N95 by Kendrick Lamar

FA: Kendrick Lamar

CM: Drinking Habits

FA: To be better than the haters

PD: At home with my 100 rescue dogs

FC: English (for the naps)

Thanks to my family, you have been with me since forever. I will become the best version of myself thanks to you. Grandma, Mommy, Auntie Anna, Uncle Mike and Olivia, you guys are my for lifers. Miss you every day Grandpa and Daddy, wish you both were here with me.



Linqian Wu

"Be yourself; everyone else is already taken."

- Oscar Wilde

FS: Magnetic by Illit

FA: Winter Kim

CM: Sec 5 retreat

FA: To travel all over the world

PD: Design

FC: Online classes

Thanks to teachers and faculty. Thank you for your trust and care, your selfless dedication and hard work. At the moment when we are about to embark on a new journey, we will bravely take the next step in our life with a grateful heart. May we always remember your teachings, not forgetting the original intention and moving forward!



Ziban Wu

"Stand firm for what you believe in, until and unless logic and experience prove you wrong. Remember, when the emperor looks naked, the emperor is naked. The truth and a lie are not sort of the same thing. And there is no aspect, no facet, no moment of life that can't be improved with pizza."

- Daria Morgendorff

FA: To be alive; Living my life out with meaning and not regretting every decision I make

PD: corpse

FC: Calculus class with Mr.Redd

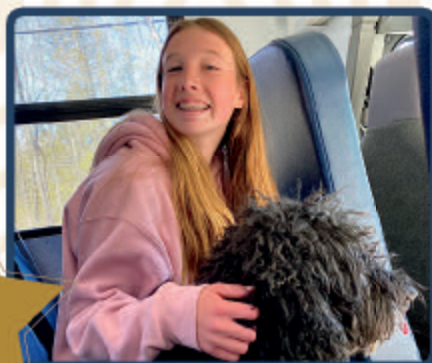
Thanks to the Sacred Heart Community; Thank you to every teacher who has helped teach me from the past to the present; to my parents for their love and care; and to my friends for every bit of joy they have brought to me in life, enriching the meaning of my life. I would especially like to thank my best friends Elly for being there for me during these five years of school.

Congrats Class of 2024!

CONGRATS



Remember When?

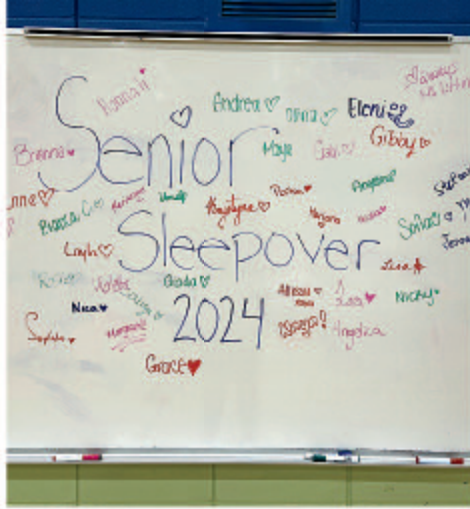




Grad Rings

Grad Pins

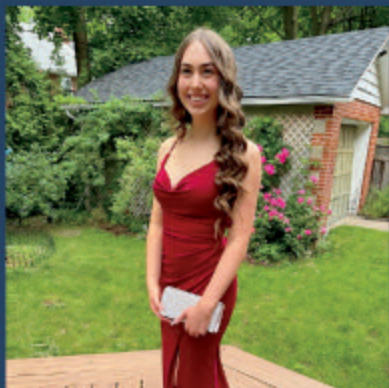




Grad Sleepover

Shirt Signing





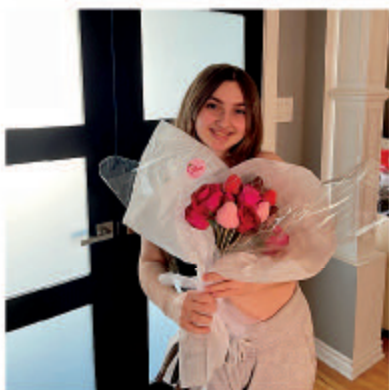
Dear Marianne,
Your hard work has enabled you to reach another milestone. Congratulations on graduating from Sacred Heart! It is not always easy but you have worked so hard and have never given up. We know that you can achieve any dream that you set your mind to. We wish you the best of luck in CEGEP and can't wait to see you spread your wings and fly beyond those dreams.
All our love,
Mom and Dad



Our Dearest Giada,
Congratulations on this wonderful achievement! We could not be prouder of the confident, kind, and mature young lady you have become over the last five years at Sacred Heart. We are extremely proud of your accomplishments. Fulfillment is what we want for you, it will come from following your dreams, hard work and taking the right paths. Stand tall, listen to your heart, and know that we will always be there for you. Good luck on your next adventure. The best is yet to come.....keep going!
We love you so much,
Papa, Mommy and Emilio xxxxxxxx
"She believed she could, so she did." -R.S. Grey



Our beautiful Hannah,
Congratulations Sweetie, we are so proud of you and all that you have achieved in the last 5 years at Sacred!
Throughout your childhood you have always had a heart for others, a kind caring spirit with such a bubbly personality. Watching you continue to grow in the Spirit of the Lord over the past 5 years was truly heartwarming and rewarding as parents. You have shown such perseverance, determination, grace, resilience, confidence, humility and passion, including in your academics. You are a smart, talented, beautiful young lady, we know you will achieve whatever you put your mind to. As a new chapter begins with a bright future, we cannot wait to see what lies ahead for you as you pursue your dreams and passions. We love you and wish you all the success, happiness and blessings always.
Love Mom, Dad, Connor and Ella!



Our Dearest Portia,
As we look back on your journey through your high school years at Sacred, our hearts swell with pride. You've grown into an incredible person, full of kindness, intelligence and resilience. Your discipline, hard work and dedication have brought you to this special moment, and we couldn't be prouder of all you achieved.
Always remember to chase your dreams and believe in yourself. Life is full of wonderful opportunities, and with your beautiful spirit, there's nothing you can't accomplish. We're so excited to see where your next adventure takes you.
We love you more than words can express.
Mom, Dad and Michael Joseph

Congratulations Angelina,

Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world. "Harriet Tubman" To our wonderful daughter who never ceases to amaze us, with her charm, wit, beauty, charisma, and huge heart. From a young age, when your mind is set, there is no stopping you. Sacred Heart has molded you into an exceptional woman, with such beautiful values and beliefs. We cannot express how proud you make us every day and cannot wait to see what the future holds for you. You will absolutely, without a doubt, do great things!

Love always,
Mom, Dad, and Gabriella



Dearest Brianna,

Congratulations on this great accomplishment!

This is a time to revel in your successes and to look forward to the journey ahead, filled with many more achievements, goals, and milestones. You have been a dedicated and excellent student all these years, but most importantly, you have been the kindest and most genuine young woman we have ever known.

You have grown into such a strong and determined person, and we have no doubt that you will succeed in everything you choose to do. Everything we prayed you'd be, you have become.

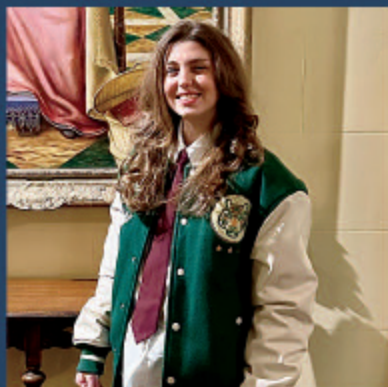
We could not be more proud, grateful, and blessed to have you as our daughter (and sister). May your future be filled with happiness and may all your dreams find their way to you.

With love, Mom, Dad and your brother, Tristan.



My sweetheart Angelica

Watching you grow into the incredible woman you are today brings tears of joy to our eyes, remember that this is just the beginning of great things to come for you, we could not be prouder of all your accomplishments and hard work, how grateful we are to witness your growth and success. May your life continue to be filled with great blessings and happiness keep on smiling and shining your an outstanding bright star we are certain a bright future awaits you my angel. To our graduate daughter congratulations
Lots of Love Mom, Dad & Sis



Mariana,

High School is a special place with many magic moments where you have made lifelong friends and taken on basic ground rules that will guide you well.

We are very proud of what you have become to achieve the goals that you accomplished.

Get ready to fly, dream big, lose sight of land, and soar higher than ever. Always remember Mater is with you.

With love, Mommy and Daddy.



Editor In Chief

Over the course of the year hard work, determination and commitment was put into creating this beautiful book. All things that are worth making a yearbook filled with all the year's greatest moments, from all the wonderful drama productions to our very



own sports day and highlights from every house! I hope this book captures all the special memories with your friends to look back on in years to come. Creating this yearbook with the yearbook committee was an honour.

Hannab Robertson



*Editor
Brianna
McLeod*



*Contributor
Mrs. Lantos*



*Yearbook Advisor
Mrs. Jones*



*Contributor
Mrs. Quintal*



Autographs

Autographs
